



PE Curriculum Map

	Autumn		Spring		Summer	
Year 1	Athletics	Dance	Gymnastics	Gymnastics	Team games	Athletics Preparation for Sports Day National Sports Week
Year 2	Athletics	Gymnastics	Dance	Team Games	Skipping	Athletics Preparation for Sports Day National Sports Week
Year 3	Athletics	Gymnastics	Dance	Outdoor Adventure	Team Games	Athletics Preparation for Sports Day National Sports Week
Year 4	Team games	Athletics / Swimming	Skipping	Gymnastics / Dance	Outdoor Adventure	Team games / Athletics Preparation for Sports Day National Sports Week
Year 5	Athletics	Team games	Gymnastics	Dance	Outdoor Adventure	Team games / Athletics Preparation for Sports Day National Sports Week

Year 6	Athletics	Team games	Gymnastics	Dance	Outdoor Adventure	Athletics/Team games Preparation for Sports Day National Sports Week		
	<p>Through the year we focus on giving pupils a strong foundation, promote core strengths and pupils’ personal growth. We support children to develop progressively and uses life skills approach to teaching PE. It supports every child to flourish and to achieve their personal best in school, PE and life.</p> <p>Throughout the year pupils will have access to:</p> <table><tr><td><ul style="list-style-type: none">Coaches - Tag Rugby (festivals)Coaches - Quicksticks Hockey (festivals)Coaches - Handball (Regional Competitions)Coaches - Tennis (Regional Competitions)Coaches - Skipping (festivals)YogaGirls ActiveSports CrewHoops 4 HealthGirls FootballMixed Football TeamGo NoodleWoods visits for nursery, reception, year 1and 2Nursery swimming lessonsNational Sports WeekSports DayDough DiscoSquiggle while you wiggle</td><td>Out of school Sports activities include:<ul style="list-style-type: none">BoxingDodge ballTuke ballArcheryCheerleadingStreet danceYogaMixed footballMulti-skillsFencingBocciaBadmintonTennisClimbing wallLittle rescuers</td></tr></table>						<ul style="list-style-type: none">Coaches - Tag Rugby (festivals)Coaches - Quicksticks Hockey (festivals)Coaches - Handball (Regional Competitions)Coaches - Tennis (Regional Competitions)Coaches - Skipping (festivals)YogaGirls ActiveSports CrewHoops 4 HealthGirls FootballMixed Football TeamGo NoodleWoods visits for nursery, reception, year 1and 2Nursery swimming lessonsNational Sports WeekSports DayDough DiscoSquiggle while you wiggle	Out of school Sports activities include: <ul style="list-style-type: none">BoxingDodge ballTuke ballArcheryCheerleadingStreet danceYogaMixed footballMulti-skillsFencingBocciaBadmintonTennisClimbing wallLittle rescuers
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