



Website: www.richardson-dees.eschools.co.uk
Email: office@rdees.org.uk

Outstanding Governance Awards Finalists 2019



Chair of Governors: Mrs A Parker BA (Hons) FCIPD MIOD

High Street East
Wallsend
Tyne and Wear

Tel: 0191 263 8139

NE28 7RT

24th March 2021

Dear Parent,

Advice for Child to Self-Isolate for 10 Days

As you are now aware, there has been a confirmed case of COVID-19 within the school in the Year 5 bubble.

We have identified that your child has been in close contact with the affected case. In line with the national guidance we recommend that your child now stays at home and self-isolates until and including the 1st April (10 days after last contact on the 22nd March). Your child must not go to school or any public areas: your child must remain at home. Further details of what your child needs to do are in NHS Guidance:

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-for-coronavirus/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/>

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, please contact your local Council. It has been confirmed to us that should you need to bring your child with you to drop off a sibling at school, then this is acceptable although please keep your distance from everyone and continue to wear masks.

Other members of your household can continue normal activities provided your child does not develop symptoms within the self-isolation period. There is no need to get your child tested at this point unless they start to develop symptoms.

If your child is well at the end of the period of self-isolation, then they can return to usual on Friday 2nd April.

What to do if your child develops symptoms of COVID 19

For most people, especially children, COVID-19 will be a mild illness.

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

If your child develops any of these symptoms of COVID-19, they should remain at home and arrangements should be made for them to be tested. At that time all other household members must also stay at home, not go to work, school or public areas, even for exercise.





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Testing can be arranged by calling 119 or via the NHS website: nhs.uk/coronavirus

When the result of the child's test is known further advice will be available.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information

Further information is available at nhs.uk/coronavirus

Teaching and Learning

We will continue to teach your child during this period of isolation via on-line learning. All work set and links to resources will be posted on Seesaw. Your child should complete the work and upload it all back to Seesaw for marking and feedback. Any queries over this work can be directed to the teaching staff through Seesaw as well.

If you are unable to access Seesaw as you have mislaid the access code, then please contact the main school office who will be able to get a copy to you. If you are unable to access Seesaw as you have no internet or no device, again please contact the school office and we will assist through a loan device.

We look forward to your child returning to school on the 12th April.

Yours sincerely
Richardson Dees Primary School

