

Banana Parcel Lucky Dips

(Beware nut allergies.)

You will need

a banana for every child, rectangles of foil to wrap each banana in, selection of small treats such as half walnuts, dried apricots, chocolate buttons etc

Before the children begin their work....

Cut the foil into generous rectangles big enough to wrap the bananas in.

Break the top of the stalk on each banana so that peeling is easy.

Actions for Little Cooks on the Snack Team

- 1. Carefully peel each banana and throw the peel away.**
- 2. Place each banana on a piece of foil.**
- 3. Make 4 or 5 cuts along and right through the banana.**
- 4. Slide a treat such as an apricot chunk, a chocolate button or a nut into each cut.**
- 5. Fold the foil carefully around the banana.**

6. Put in a lucky dip basket and enjoy at snack time.