

Yoghurt Fruit Sundaes

(Beware nut allergies)

You will need

natural yoghurt, a selection of fresh fruit, crunchy cereal, clear plastic cups

Actions for Little Cooks on the Snack Team

1. Wash the fruit in colanders and take off any leaves or stalks.
2. Chop the fruit into smaller pieces.
3. Spoon a layer of yoghurt into the bottom of each cup.
4. Put some fruit pieces in.
5. Spoon another layer of yoghurt on top.
6. Keep going to the top of the cup.

7. Sprinkle some crunchy cereal on top.

8. Eat and enjoy.