



North Tyneside Council

EVF 8

Risk Assessment / Risk Management Record
Physical Education Site / Environment

School:	Date of Risk Assessment	
----------------	--------------------------------	--

Site and its environment	Hazard	Who may be affected	Risk HML Rating (Prior)	Control Measure	Risk HML Rating (Post)	Any Further Action
Covid 19 mangement	<ul style="list-style-type: none"> • Social distancing • Personal hygiene • Equipment cleaning • Area / Zone cleaning • Ratios 	All	M	<p>Compliance with all aspects of Government Guidance around suitable social distancing. Agreed school practices applied and all staff are aware of expectations; https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19 Social distancing of 2m where possible at all times Regular handwashing with warm soapy water for 20 seconds or more Regular cleaning with suitable solutions and disinfectant by suitable persons Compliance with age / activity related guidance around numbers and ratios Suitable signage on display</p> <p>Physical Education / Physical Activity and COVID-19 management When looking at pupils returning to school, the following information is taken from advice shared by AfPE (Association for Physical Education) as well as advice from National Governing Bodies (NGB's) and other professional organisations. One thing is clear, we must approach activities and the use of resources and facilities with caution and under strict government / employer guidelines in order to minimise risks to pupil, staff and parents.</p>	L	

			<p>1. Class or group sizes</p> <p>We know that, unlike older children and adults, early years and primary age children cannot be expected to remain 2 metres apart from each other and staff. In deciding to bring more children back to early years schools should work through the hierarchy of measures set out below:</p> <ul style="list-style-type: none"> • avoiding contact with anyone with symptoms • frequent hand cleaning and good respiratory hygiene practices • regular cleaning of settings • minimising contact and mixing <p>Keep cohorts together and where possible ensure:</p> <ul style="list-style-type: none"> • that children and young people are always in the same small groups each day, and different groups are not mixed during the day, or on subsequent days • that the same teacher(s) and other staff are assigned to each group and, as far as possible, these stay the same during the day and on subsequent days, recognising for secondary and college settings there will be some subject specialist rotation of staff • that wherever possible children and young people use the same classroom or area of a setting throughout the day, with a thorough cleaning of the rooms at the end of the day. In schools and colleges, you may want to consider seating students at the same desk each day if they attend on consecutive days <p>2. Cleaning and hygiene</p> <p>Please follow the COVID-19: cleaning of non-healthcare settings guidance, ensuring that:</p> <ul style="list-style-type: none"> • enough handwashing facilities are available. Where a sink is not nearby, provide hand sanitiser in classrooms and other learning environments • surfaces that children and young people are touching, such as toys, books, desks, chairs, doors, sinks, toilets, light switches, bannisters are cleaned more regularly than normal • all adults and children frequently wash their hands with soap and water for 20 seconds and dry thoroughly. <p>Review the guidance on hand cleaning and ensure that:</p> <ul style="list-style-type: none"> • children clean their hands upon arrival at the setting, before and after eating, and after sneezing or coughing 		
--	--	--	---	--	--

				<ul style="list-style-type: none"> • children are encouraged not to touch their mouth, eyes and nose • children use a tissue or elbow to cough or sneeze and use bins for tissue waste ('catch it, bin it, kill it') • help is available for children and young people who have trouble cleaning their hands independently • you consider how to encourage young children to learn and practise these habits through games, songs and repetition • where possible, all spaces are well ventilated using natural ventilation (opening windows) or ventilation units • you prop doors open, where safe to do so (bearing in mind fire safety and safeguarding), to limit use of door handles and aid ventilation <p>There is no need for anything other than normal personal hygiene and washing of clothes following a day in an educational or childcare setting</p> <p>3. Physical spaces and movement of children</p> <p>Reduce mixing within the education or childcare setting by:</p> <ul style="list-style-type: none"> • accessing rooms directly from outside where possible • considering one-way circulation, or place a divider down the middle of the corridor to keep groups apart as they move through the setting where spaces are accessed by corridors • staggering breaks to ensure that any corridors or circulation routes used have a limited number of pupils using them at any time • staggering lunch breaks - children and young people should clean their hands beforehand and enter in the groups they are already in; groups should be kept apart as much as possible and tables should be cleaned between each group. If such measures are not possible, children should be brought their lunch in their classrooms • ensuring that toilets do not become crowded by limiting the number of children or young people who use the toilet facilities at one time <p>Outside space could be used for:</p> <ul style="list-style-type: none"> • exercise and breaks • outdoor education, where possible, as this can limit transmission and more easily allow for distance between children and staff <p>Please remember outdoor equipment should not be used unless the setting is able to ensure that it is appropriately cleaned between groups of children and young people using it, and that multiple</p>		
--	--	--	--	--	--	--

			<p>groups do not use it simultaneously. For further clarification please read COVID-19 cleaning of non-healthcare settings guidance.</p> <p>Shared rooms: Use halls, dining areas and internal and external sports facilities for lunch and exercise at half capacity. If class groups take staggered breaks between lessons, these areas can be shared as long as different groups do not mix (and especially do not play sports or games together) and adequate cleaning between groups is in place, following the COVID-19: cleaning of non-healthcare settings guidance.</p> <p>4. Resources Reduce the use of shared resources by:</p> <ul style="list-style-type: none"> • seeking to prevent the sharing of equipment where possible • ensuring shared materials and surfaces are cleaned and disinfected more frequently <p>Practical lessons can go ahead if equipment can be cleaned thoroughly and the classroom or other learning environment is occupied by the same children or young people in one day, or properly cleaned between cohorts</p> <p>5. Further Information - Key facts</p> <ol style="list-style-type: none"> 1. You must follow COVID 19 hygiene management e.g. handwash, coughs, sneezes etc. 2. You must endeavour to follow social distancing – 2 metres 3. Not sharing equipment without suitable cleaning, disinfecting 4. Not sharing spaces that have been previously used without suitable cleaning, disinfecting 5. Concentrate on personal challenge, not contact activities / games 6. Encourage other subjects to utilise outdoor spaces to deliver activities 7. Report anyone who is unwell to senior staff and be fully aware of incident management around slips, trips, falls or other accidents to avoid unnecessary contact 			
Date		Signed				

