



Rainbow Muscles: Because I love learning ...

I am curious.	<ul style="list-style-type: none">• I wonder about lots of different things• I always want to know more• I ask lots of questions• I love finding out new things
I am independent.	<ul style="list-style-type: none">• I know how to work on my own• I know what to do if I get stuck• I am always focused on what I have to do• I know how to achieve my goal
I am responsible.	<ul style="list-style-type: none">• I know my learning is my responsibility• I know what I am learning• I know how to achieve• My work is always the best it can be
I am courageous.	<ul style="list-style-type: none">• I am brave enough to take on new challenges• When the learning is hard, I persevere• I volunteer my own ideas whenever I can• I am not afraid to get something wrong
I am resilient.	<ul style="list-style-type: none">• I accept that learning can be tricky• I'm always prepared to grapple with challenges• I never give up• If I find myself in 'The Dip' I climb my way out
I communicate.	<ul style="list-style-type: none">• I listen to others so that I can grow• I explain my thinking in lots of different ways• Explaining helps me to understand more deeply• I can recall important information
I collaborate.	<ul style="list-style-type: none">• Working with others helps me to achieve more• I always try to be positive• I listen carefully and talk courteously• I share my ideas with others