



Curriculum Intent: Walking Tall in PE

<u>We will ensure that all children are able to achieve in their education.</u>	<u>We will raise aspirations and maintain and ambitious culture.</u>	<u>We will work in a positive, collaborative way with all stakeholders.</u>
<p style="text-align: center;"><u>Achievement</u></p> <p><u>How do we ensure that all children are able to achieve in PE?</u></p> <p>Our PE curriculum develops the children’s knowledge, skills and understanding so that they can perform with increasing competence and confidence in a range of physical activities and sports within our school and when attending competitions in our local area.</p> <p>PE provides a unique and vital contribution to every child’s physical, social and mental well-being. A variety of teaching and learning styles are used and applied in lessons. Through a balance of individual, paired and group activities, children can be co-operative, collaborative and competitive and are also encouraged to continually evaluate their own performance. These situations cater for the preferences, strengths and needs of every child.</p> <p>Children can adapt and develop in a range of situations and are also encouraged to continually evaluate their own performance, learning and developing skills through summative and formative feedback with a clear plan for their progression. We offer a broad</p>	<p style="text-align: center;"><u>Ambition</u></p> <p><u>How do we raise aspirations and maintain an ambitious culture in PE?</u></p> <p>Through the delivery of our PE curriculum, we understand the importance of physical and mental well-being not only for themselves, but also for others, so children are confident to:</p> <ul style="list-style-type: none"> • Develop personal values and morals • Have healthy social interaction and relationships with adults and peers • Develop healthy physical habits • Have positive mental health • Understand how to keep themselves and others safe <p>We embed the ambition to succeed for their present and future life so that they can achieve academic success, not only reaching, but importantly extending their potential. We achieve this through:</p> <ul style="list-style-type: none"> • Offering wider and enriching opportunities - exposing life choice possibilities in their immediate local area and extending opportunities to their wider community. • Commitment to enrichment experiences out of school such as residential experiences and off-site trips to broaden horizons, 	<p style="text-align: center;"><u>Collaboration</u></p> <p><u>How do children work in a positive, collaborative way in PE?</u></p> <p>Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others’ strengths and weaknesses. We provide opportunities for all children to engage in extra-curricular activities before, during and after school, in addition to competitive sporting events organised within our local community. We believe an effective school is an inclusive school in which we endeavour to identify, address and overcome the barriers to participation.</p> <p>Children are encouraged to work collaboratively to find solutions to various challenges that they encounter in the different areas of activity. We encourage a kind, supportive approach to solving problems through our behaviour policy and Thrive approach. Children are given opportunities to develop relationships and understanding of others through working individually, in pairs, groups or teams learning the values of respect</p>

<p>and balanced curriculum that is designed to continually increase every child's confidence in managing themselves mentally and physically within a range of activities. We provide inclusive learning opportunities for all children by matching the challenge of the task to the ability of the child.</p>	<p>encourage risk-taking, collaboration and self-management.</p> <ul style="list-style-type: none"> • Celebrating, developing and signposting individual talents and strengths by linking with our local and wider sports opportunities. • Teaching ambitious mind-frames to reflect, evaluate and set personal targets. • Developing confident communicators with well-developed language and oracy skills through opportunities to develop leadership skills and opportunities to participate in inter and intra Schools Games sporting competitions with our local schools • Exposing children regularly to through varied sporting activities and out of school clubs and inspirational sporting people and events both in our local and wider areas, ensuring encouragement and support to develop their own personal challenges. 	<p>and teamwork. We celebrate difference and we value everyone. Leaders work across all key stages building many skills through their talents and interests.</p> <p>Children regularly take part in festivals and competitions through the North Tyneside School Games. Links have been made and developed with our local community schools including our feeder high school for children to experience both competitive and non-competitive sporting activities.</p> <p>We work in strong partnership with local community sporting clubs. Children have regular opportunities to experience sports coaches who offer training in differing sports such as rugby and basketball. These can lead to activity pathways that transition into our local community recreational opportunities for children outside of school and also in our wider community.</p>
<p>At Richardson Dees we strive to connect our children with the opportunities that link to our local and wider community sporting experiences. We develop explicit links with our local schools and sports centres and aim for our children across the key stages to attend regular festivals, intra and inter competitions through our membership of North Tyneside School Games. From these experiences children can be signposted to clubs to develop children's individual talents. Children in nursery, have had the opportunity to attend The Rising Sun Woodland Project, as have our Year 2 children. Children in Reception and Year 1 attend Wallsend Parks as part of a continuing Woods Project. Our Y4's take there swimming lesson as per the curriculum but our nursery also attend weekly swimming lessons in the summer at our local Leisure Centre - children are able to walk there and back, further developing their physical skills.</p>		